



Nurturing Seedlings

Community for Young Parents

Take Away Sheet

Something to Ponder: *The rhythms of the day, the comings and goings, are all full of opportunities to find and create simple, sacred moments with your young child.*



Skill #6: Your Holy Home

- ◆ Your home is already holy because of all you do automatically as a parent (love, sacrifice, share, teach, forgive) and this models God's love to your child.
- ◆ Physical signs of our faith in your home remind our children that Jesus is present.
- ◆ Honoring rest and relaxation in your family's rhythm will be life-giving to your family.
- ◆ Apologizing and offering forgiveness are essential and models God's mercy to our young children.

Skill #7: The Power of Stories

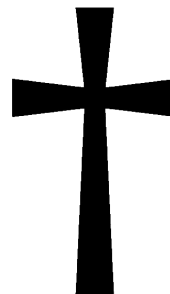
- ◆ Reading stories with your very young child is a great way to help him or her grow in faith.
- ◆ Bible stories allow you to 'wonder about God' alongside your child.
- ◆ Regular story books provide opportunities to weave in conversations about Jesus.
- ◆ Stories about your own life can also show your child how God is active in our everyday lives.



At Home

This week:

- ◆ Fill out the *Rituals and Rest* worksheet.



Prayer for the Moment

Dear Jesus, my home can feel chaotic at times. There doesn't seem to be enough time to get everything done, and it is easy to feel frazzled. Please pour your peace upon me and my home. Help me to remember that this is indeed a holy place where you are living here among my family. Amen.

Go Deeper

Check out the website CatholicAllYear.com to learn more ways to create rituals in your home based on the liturgical calendar.

