



Nurturing Seedlings

Community for Young Parents

Take Away Sheet

Something to Ponder: Babies, toddlers and young children have a natural curiosity about God and this world, so all we need to do as parents is nurture this gift within them.



Skill #4: Praying with Your Child

- Talking with Jesus IS prayer.
- Simplicity is preferred.
- Prayer can happen during silence.
- Consistent prayer time is very helpful. Find a time that works with your family's rhythm.
- Prayer tools and religious props can be helpful when praying with little children.
- Ultimately our goal is to help our children develop an independent prayer life, but modeling prayer is essential when they are very young.

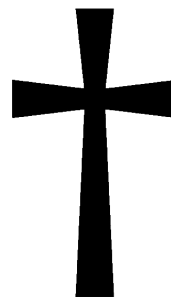
Skill #5: Family Rituals

- Family rituals contribute to the emotional well-being of children.
- Rituals can be simple, everyday moments or more involved traditions that occur at special times of the year.
- Rituals can be centered around playing, helping, connecting, praying, and serving.



At Home

Choose one new way you would like to try and pray with your child this week.



Prayer for the Moment

Dear Jesus,
Please show me how to bring my child close to you. Help me to feel connected to you as I teach my child to talk to you and pray to you. Remind me that you are already so active in my young child's life. Help me to trust in this truth. Amen.

Go Deeper

- Learn about praying the Rosary with your young child at CatholicIcing.com
- Go to the **Nurturing Seedlings Parent Portal** to find great ideas for how to pray the Rosary with very young children.

