

A Bible Reading Method

Pray

Pray before reading, asking God to help you understand and receive his Word. Through Christ you are in the Father's holy presence. Approach him boldly, humbly and expectantly.

Read

Next, read slowly and carefully through the Bible passage. Sometimes, you'll want to read the passage more than once. You may also find it helpful to read the preceding or following passages to get the context. Take the time to read it as thoroughly as you can, expecting God to answer your prayer for understanding of his Word.

Reflect

Reflect on what you have read, waiting in openness, ready to obey God's Word to you. Think through the passage, asking yourself such questions as:

- ◆ What does this passage say? What is its main point?
- ◆ What does it reveal about God, or about me?
- ◆ What insight am I given into myself and into my life situation?
- ◆ What does God require of me now, in thought, word or action?

These questions will help you "dig deeper" into the meaning of the passage as you study and reflect. Many people find it helpful to write their answers in a journal or notebook. You may find it helpful to use a Study Bible to help you probe the deeper meaning.

Apply

The Bible's purpose is not only to give us information about God, but also to help us live in the proper relationship to God and others. Apply what God has taught you from today's reading to the circumstances of life – situations at work, home school, or church. Use what you have learned in order to become more like Jesus.

- ◆ How can God's Word apply to my life today: my situations at home, at work, school or church?

Pray

End your time as you began, in prayer. This time turn the things you have learned into prayers. Make your discoveries from the Bible the basis of your prayer time. Ask God to help you live out and apply what you learned that day.