

Emmaus Formation Journey: Introduction to the Bible

Activity 1. "The Bible in Our Lives"

Begin this learning module by reflecting on your personal experience of the Bible using the following three questions.

1. What memories do you have about reading or not reading the Bible? (Check all that apply.)

- I remember a parent or grandparent reading the Bible for himself or herself.
- I experienced a parent or grandparent reading the Bible to or with me.
- I heard the Bible in religious education classes, Vacation Bible School, and other programs.
- I began reading it for myself when I received a Bible of my own.
- I participated in a Bible study group.
- I took a course in Scripture in college or in an adult religious education program.
- I received a background in Bible through hearing sermons.
- There was a Bible in our home, but I do not recall people reading it.
- I really don't have any memory of reading the Bible when I was growing up.

2. How do you remember reading and studying the Bible? (Check all that apply)

- I remember listening to Bible stories in church, Catholic school, and/or college.
- I remember lectures or a course about the Bible in church, Catholic school, and/or college.
- I remember discussions about the Bible in church, Catholic school, and/or college.
- I memorized verses from the Bible.
- I remember singing biblical verses in songs and hymns.
- I remember doing dramatic readings and acting out Bible stories.
- I remember studying the Bible when taught Sunday in religious education classes.
- I have no memories of studying the Bible.

3. What is your experience of reading the Bible today? (Check all that apply)

- I enjoy reading the Bible and am strengthened by it.
- I take time for a daily Bible reading or use a daily devotional book that has Bible passages.
- I am inspired and guided by the Bible to help me practice my faith in daily life.
- I turn to the Bible as a source of help in time of trouble.
- We have family devotions and conversations using the Bible.
- I have discussions/conversations with my friends about the Bible.
- I participate in a Bible study group at my church.
- I study the Bible by taking courses or workshops or studying online.
- I consult the Bible in order to make good decisions in life.
- I do not read the Bible very often.
- I turn to the Bible as a guide for my moral living.
- I believe that reading and studying the Bible leads us to Christ and a deeper faith.
- I do not know where to start reading the Bible.
- I feel intimidated by reading and studying the Bible.
- I am not sure the Bible has much relevance for my life today.
- I just don't have time to read the Bible regularly.

